

PERMANENT MAKE-UP AFTERCARE

We highly recommend you follow the below aftercare advice to minimise any post-treatment complications.

WHAT TO EXPECT POST-PROCEDURE

- You may experience swelling, redness, flaking and mild itchiness; this should subside within 7 days.
- If you have suffered with cold sores in the past, please use an anti-herpes medication for a period of 1 week.
- Your selected colour will be darker for approximately 7 days and then shed away, appearing as if little or no colour is present. Over the next 2 weeks, the colour will then re-appear as a softer version of the original colour.
- The full healing period is approximately 14 days. Please keep in mind that in many cases some unevenness of colour is to be expected. This is the purpose of your follow up visit, to allow us to perfect your permanent make-up.

1-7 DAYS POST-PROCEDURE

- Gently wash the area both morning and night with water and a gentle cleanser. Gently pat dry with a clean tissue. Do not use any products containing acid (glycolic, lactic or AHA) or exfoliants.
- Limit your showers to 5 minutes maximum so that you do not create too much steam. Keep the procedure area(s) out of the water while you wash your body, then at the end of your shower, wash your hair.
- Apply aftercare balm 3 times a day with a clean cotton bud.

WHAT TO AVOID

- Do not pick, peel or rub the area(s) as the colour may heal unevenly and you could risk infection and scarring.
- No kissing, avoid eating spicy/salty foods and drink through a straw for 5 days following permanent lip make-up to prevent infection.
- Do not wear make-up on the area(s) for the first 10 days.
- Avoid long, hot showers for the first 10 days.
- Avoid sleeping on your face for the first 10 days.
- No direct sun, tanning treatments, jacuzzies, saunas, salt water or chlorinated pools for 4 weeks.
- No facials, anti-wrinkle, dermal fillers, chemical peels, dermabrasion, waxing or laser for 4 weeks.

LONG TERM CARE

- Use a sunscreen – sun exposure will fade your permanent make-up.
- If you are planning a chemical peel, laser treatment or an MRI scan, please inform the technician of your permanent make-up.
- Please inform the National Blood Service if you donate blood, as you may not be eligible to give blood for a year post-procedure.

